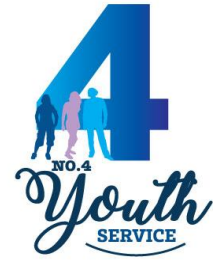


Counselling Information



What is Counselling?

Counselling is a process that requires commitment from both the counsellor and young person in working with the presented issues. Through counselling you are given the support and safety to explore, understand and often to change thoughts, beliefs, feelings and behaviours that limit your life.

Is there a fee?

There is a fee of €5 per counselling session

What happens if you do not attend for appointments?

Attending the counselling session is important. If you miss 1 session without cancelling you will lose your counselling slot but will have a choice to go back on the waiting list if you so wish.

Can the counsellor provide reports or references?

The counsellors do not supply any reports apart from confirming that you have attended sessions with the counsellor.

No. 4 Youth Service (Counselling)



Young Person

Name:	Date :	
Address:	DOB:	
Gender:	Phone:	Email :

Referring Agency/individual

Name :
Address :
Phone AND email :

Parent /Guardian details (if under 18 years of age)

Name:	Address :
Phone AND email :	

Further Information

Reason for referral	
Currently attending counselling	Yes/No
Is this person receiving support from TUSLA Eg. Social work/aftercare/family support/EWO	Yes/NO
Details of any conflict with the Law	
Availability to attend for counselling	
Other	

:
